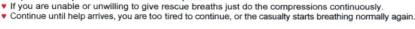


ADDITIONAL COMPRESSION/BREATHING INFORMATION









FOR AN ADULT USE 2 HANDS & COMPRESS 5-6 cm

Repeat 30 compressions and 2 breaths sequence.

FOR A CHILD
USE 1 HAND & COMPRESS 1/3 CHEST DEPTH
FOR AN INFANT
USE 2 FINGERS & COMPRESS 1/3 CHEST DEPTH



Get someone to fetch the defibrillator. The ambulance service will tell you the code to get into the cabinet.



Cut off!

Use scissors to cut off clothing. Expose the casualty's chest.



Tear open!

Open the defibrillator. Lift the pre connected package from the lid and tear it open along the dotted line. Take out the pads.



Stick!

Attach the pads to bare skin as shown.



Listen!

Follow the instructions the defibrillator gives

The Community Heartbeat Trust – the UK's community defibrillator charity www.communityheartbeat.org.uk